

Robert Jones

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Professional Summary

I am an enthusiastic, self-motivated, reliable, responsible and hard working person. I am a mature team worker and adaptable to all challenging situations. I am able to work well both in a team environment as well as using own initiative. I am able to work well under pressure and adhere to strict deadlines.

A hard working individual looking for a challenging position where I can showcase my skills and contribute to the growth of the organization I'm always ready to work I'm always open too learn new things about my job position or my learn more about the company that I am working for and also grow with it and see where it can take me

Authorized to work in the US for any employer

Work Experience

Shipping Clerk

Empro Staffing-Windsor Locks, CT
October 2025 to January 2026

my job was to receive items that where picked and ship them into boxes onto a conveyor belt the work was repetitive I would use a computer to ship the items that the pickers have picked

Maintenance Technician

Element-South Windsor, CT
May 2025 to July 2025

Perform routine and emergency repairs on machinery, equipment, and building systems such as HVAC, electrical, and plumbing.

regular inspections of facilities and equipment to ensure they are in good working order and meet safety standards.

Warehouse Associate

Albert Brothers-Waterbury, CT
April 2024 to February 2025

Pick items from storage, pack orders accurately, and prepare them for shipping. Keep the warehouse clean, organized, and safe by sweeping, mopping, and ensuring all safety procedures are followed. Also Safely operate equipment such as forklifts, pallet jacks, and hand trucks to move and organize products

Warehouse Associate

Macys Logistics Warehouse-Cheshire, CT
January 2023 to December 2023

Inspect products to detect damage or defects and handle customer service as needed. Maintain accurate inventory records, conduct regular counts, restock shelves, and report any discrepancies.

Packer

Torroc-Waterbury, CT

March 2022 to September 2022

Moving, storing, and rotating stock as needed, and maintaining an organized and accessible inventory. Applying correct shipping labels to packages and accurately filling out all necessary paperwork and logs.

Shipping and Receiving Clerk

Torroc-Waterbury, CT

March 2022 to September 2022

Shipping, receiving, and traffic clerks keep track of outgoing and incoming shipments. Clerks review shipment orders to ensure they were correctly processed, compute freight costs, and prepare invoices. They may move goods from a warehouse to the loading dock. also include tracking inventory, keeping accurate records, packaging and weighing items, printing shipping labels and postage, inspecting goods received for damage, and distributing products to other departments.

Assembly Line Worker

Ragozzino Foods-Meriden, CT

January 2020 to March 2020

Put together parts to create finished products following specific instructions and blueprints. Inspect components and finished products to ensure they meet quality standards and specifications.

Material Handler

FHI-Cheshire, CT

June 2018 to December 2018

responsible for moving, storing, and managing materials and products within a warehouse, factory, or distribution center to ensure the smooth flow of goods

Picker/Packer/Shipper

HomeGoods-Bloomfield, CT

January 2018 to October 2018

retrieving items from warehouse inventory, carefully packing them for shipment, and preparing them for delivery. Key duties include reading order lists, using scanners or other equipment to locate and track products, selecting appropriate packaging, and ensuring orders are accurate and secure.

Order Picker

Mattress Firm-East Windsor, CT

April 2018 to August 2018

Locate and retrieve products from warehouse shelves based on order lists or scanner instructions. Verify the correct items and quantities are picked, and check products for any damage. Pack and label products according to shipping standards, and organize and stage completed orders for loading and delivery. Use scanners to track stock, update inventory counts, and help restock products on shelves.

Picker/Packer

Education

High school diploma

Bloomfield High School-Bloomfield, CT

October 2018 to June 2019

Upper secondary education

Skills

- Time management
- FIFO
- Minor plumbing repair
- Data entry
- Upselling
- English
- CAM programming
- Schematics
- CNC milling machine
- Forklift safety protocols
- Basic math
- Maintenance
- Electrical systems
- Loading
- SolidWorks
- Sales
- Fanuc
- Microsoft Outlook
- Microsoft Word
- Mechanical troubleshooting
- Industrial maintenance
- Calipers
- Warehouse experience - Warehouse experience (6-10 years)
- Emergency procedures
- Industrial controls
- Merchandising
- Power tools
- Load & unload
- Welding
- Machining
- Manufacturing
- Fabrication
- Building interior maintenance
- Forklift
- CNC
- New plumbing fixture installation

- Mechanic experience
- Warehouse sorting
- Retail sales
- Driving
- Blueprint reading
- Leadership
- Customer relationship building
- Precision measuring instruments
- Order fulfillment
- Assembly
- Packing
- Teamwork
- Organizational skills
- Computer skills
- Logistics
- Wastewater treatment
- CNC lathe
- ERP systems
- Ohmmeter
- Building exterior maintenance
- Shipping & receiving
- Electrical experience
- Construction painting
- Electrical maintenance
- Property management company experience
- Construction
- Millwork
- CT
- RF scanner
- Microsoft Excel
- Carpentry
- Toilet installation
- Order picking
- Customer communication
- Inventory control
- Heavy lifting
- Interpersonal skills
- Materials handling
- Mastercam
- Woodworking

- Pallet jack
- Drywall
- Plastics injection molding
- Delivery driver experience
- Order picker
- Sink installation
- Packaging
- Customer service
- Unloading
- Analysis skills
- Mechanical knowledge
- Hazard communication
- Communication skills
- Cherry picker
- Programmable logic controllers
- CMMS

Languages

- English - Fluent

Certifications and Licenses

Driver's License

Hazardous Waste Operations & Emergency Response Training

Pallet Jack Certification

Forklift Certification